



BEAUTY & WELLNESS OFFERINGS



Baoase offers a unique wellbeing concept: we offer a comprehensive range of spa services in your own private villa, suite or in our Massage Gazebo on the beach.

We offer Beauty and Body Treatments such as Body scrubs, packing's with 100% aloe vera, massages (all kinds such as relax, deep tissue, hot stone), manicure and pedicure, make-up and hair styling. Find the complete list of our wellness services at the end of this booklet.

Baoase works with the professional massage and beauty therapists. Contact the Front Office for information and for reservations. All services are subject to availability and cancelation policies may apply.

Traditional Massage Offerings

As the ocean breeze caresses your skin, your mind and body will witness the ultimate pampering that paradise has to offer. Be sure to experience our exclusive Beach Massages that will soothe your muscles and invigorate the senses. Our professional massage therapist welcomes you at Baoase private massage Gazebo located on the left side of Baoase beach.

Relax Massage

It's time to de-stress, relax, and reinvigorate. Relieve muscle and joint stiffness while treating your skin with the rich healing oil.

60 minutes: \$ 120 / 90 minutes: \$ 170 p.p.

Deep Tissue Muscle Massage

Using muscle-melting warmed oils and deep pressure massage movements, we massage deep into the belly of the muscle, erasing stress, tension and lactic acid build up.

60 minutes: \$ 140 / 75 minutes: \$ 190 p.p.

Hot Stone Therapy

Harnessing the properties of volcanic basalt stones, we bathe them in warm water and anoint them with spicy, sensual aromas of the Orient. Deep penetrating heat from the stones massages the body using traditional techniques to release muscular tension.

60 minutes: \$ 135,- / 90 minutes: \$ 190 p.p.



Couples Massage

Enjoy a gorgeously relaxing massage at the beach. Both of you will enjoy a full body massage, as you lie side by side.

Relax Massage per couple: 60 minutes: \$ 240 / 90 minutes: \$ 340 per couple

Deep Tissue Massage per couple: 60 minutes: \$ 280 / 75 minutes: \$ 380 per couple

Sensory Scalp Massage

Enjoy the power of touch, combined with the essence of aromatherapy during your deeply relaxing scalp massage.

30 minutes: \$ 70 p.p.

Revitalizing Tired Foot and Ankle Massage

Re-energize your tired feet and ankles with an amazingly soothing foot massage. A cure for all swelling, soreness and a sluggish circulation.

30 minutes: \$ 70 p.p.

In Suite or Villa Massage or Couple Massage

Pamper & Treat your yourself at least once by enjoying an In Suite or Villa Massage or Couple Massage. Available for Beach Front Suites and Villa's

No additional set up fee is applied. However, some accommodations are limited in space. This request needs to be approved by the Front Office minimum 24 hours prior to the massage.

BAOASE BODY AND MASSAGE PACKAGES

Package 1, Body scrub * Packing * Body massage

150 minutes: \$ 280 p.p.

Body scrub is a treatment which exfoliates your skin. Your skin will feel fresh, smooth, moisturized and soft. The scrub is based on 100% aloe vera.

After the body scrub you will receive a packing treatment. The masseuse will use 100% pure aloe vera. The gel will be applied and massaged into your skin. After which the rind is placed on your body and you will be wrapped as a cocoon. This hydration treatment is geared towards softening and relieving the skin. This treatment is a must for sunburned skin. Finish the packing treatment with a relax massage. As the ocean breeze caresses your skin, your mind and body will witness the ultimate pampering that paradise has to offer. After this treatment, we will treat you with a healthy smoothie. (nonalcoholic)



Package 2, Body scrub * Packing

60 minutes: \$ 130 p.p.

The body scrub is a treatment which exfoliates your skin. Your skin will feel fresh, smooth, moisturized and soft. The scrub is based on 100% aloe vera. After the body scrub you will receive a packing treatment. The masseuse will use 100% pure aloe vera. The gel will be applied on your skin. After which the rind is placed on your body you will be wrapped as a cocoon. This hydration treatment is geared towards softening and relieving the skin. This treatment is a must for sunburned skin.

Packing 3, Body scrub * Full body massage

90 minutes: \$ 190 p.p.

The body scrub is a treatment which exfoliates your skin. Your skin will feel fresh, smooth, moisturized and soft. The scrub is based on 100% aloe vera.

After the body scrub you will receive a full body massage. You can choose if you would like to have a deep tissue massage or a relax massage. Hereby the descriptions of the massages: Deep tissue massage: Using muscle - melting oils and deep pressure massage movements. The masseuses will massage deep into the muscle to erase stress and tension. Relax massage: Re-energize your entire body with a massage that will relax your mind and body.

Packing 4, Packing * Full body massage

90 minutes: \$ 190

p.p.

The packing treatment exists of 100 % pure aloe vera. The gel will be applied on your skin. After the rind is placed on your body you will be wrapped as a cocoon.

This hydration treatment is geared towards softening and relieving the skin. This treatment is a must for sunburned skin. After the packing treatment you will receive a full body massage. You can choose between a deep tissue or a relax massage.

Hand & Foot Care

These beauty treatments will be done in the privacy of your own suite or villa.

In Suite Baoase Complete Manicure and Nail Polish

Your nails are one of your most of important accessories, so keep them beautiful with this invigorating manicure that will warm your spirit and cool your stress. Using a combination of therapeutic gels and the warmth of massaging your skin will be smoother and your nails will be nourished and polished to perfection.

50 minutes: \$ 65

60 minutes: \$ 80 (with gel lack)

In Suite Baoase Complete Pedicure and Nail Polish

This super rejuvenating pedicure will warm your senses and cool your tension. Savor the sublime as your feet and lower legs are soothed with our cooling gels and then warmed with a nice massage. This combination of hot and cold, plus aroma-therapeutic ingredients promote healthy-looking skin and nails.

50 minutes: \$ 75 (with nail polish)

60 minutes: \$ 90 (with gel lack)



In Suite Baoase Package Manicure & Pedicure

Treat your hands and feet for a professional manicure and pedicure. Enjoy a memorable experience and the benefits of quality ingredients we use to exfoliate, massage and hydrate these hard-working spots.

90min: \$ 130 (without polish)
100min: \$ 140 (with nail polish)
110min: \$ 170 (with gel lack)

Beauty & Hairstyling

These beauty treatments will be done in the privacy of your own suite or villa.

Available upon prior request

Beauty treatments such as haircut, hair styling, make up, lash or eyebrow care, eye lash extensions, waxing available upon request.

BAOASE PERSONAL HEALTH CLUB

Baoase Personal Health Club at Baoase Luxury Resort is a private retreat in the heart of Curacao for health and well-being. Reached across the street of the resort, guests and members may take advantage of the full complement of fitness and private training sessions. Fitness enthusiasts will also appreciate the state-of-the art facilities with weights and cardiovascular equipment, TV monitoring, warm-up and work-out rooms. Expert staff provide personal training and fitness assessments.

Access to the Baoase Personal Health Club is complimentary for registered guests of Baoase Luxury Resort. Personal training sessions available (subject to availability and extra charges).

OPENING HOURS GYM

Monday to Thursday: 6:00 am to 9:00 pm
Friday: 6:00 am to 7:00 pm
Saturday - Sunday: 8:00 am to 12:00 pm
Subject to public holidays opening hours may vary

LESSONS

Personal Trainer

60 min: *\$ 85 (max 2 persons)

Pilates Personal Training | Session

60 min: *\$ 85 (max 2 persons)

Kundalini Yoga lesson

90 min: *\$ 85 (max 2 persons)

Yoga group lesson (Every Monday at 5:45pm on the beach)

60 min: \$ 30 per person

Please see the Front Office for sign up instructions.

**\$30 will be charged for an additional person, up to 5 persons may join a private session.*



DETOX PROGRAMS

Detoxification is one of the oldest known methods for cleansing your body and it can have a remarkable effect on your health and wellbeing. It can do more than make your eyes sparkle and your skin glow - it can boost energy levels, improve digestion and help shift a few unwanted kilos too. [Contact the Front Office for more information.](#)

DETOX PACKAGES

In cooperation with “Detox Caribbean” and Tamara Brank (Personal training and health coach of Baoase Personal Health Club) these packages available for Baoase Luxury Resort guests.

Basic Detox & Cleanse - 3 days

This program is ideal for people new to detoxification and cleansing. This simple and effective program is a great starting point for many health goals. It not only features Baoase’s delicious and healthy Detox cuisine but also includes a range of holistic therapies for cleansing the body, mind and spirit. You can expect improved health on all levels including internal balance and increased energy and vitality. This program is ideal if you want to combine your detox with other a la carte Wellness treatments and therapies.

Choose from 3 night / up programs.

[Contact the Front Office for more information.](#)

Comprehensive Detox & Cleanse - 5 to 10 days

Our Comprehensive Detox Program is recommended for experienced detoxers rather than first-timers. With herbal remedies and supplements and daily therapies, this program is designed to optimize the detoxification process in every way. In addition to standard detox therapies, further treatments from both Eastern and Western medical traditions are combined to enhance wellbeing on all levels.

Choose from 5, 7 and 10 night packages.

[Contact the Front Office for more information.](#)

IMPORTANT NOTE

Booking conditions:

Reservations cancelled 72 hours before the date / time of the reservation will be fully refunded. If cancelled 48 hours before date and time of the reservation 50% of the prepayment will be refunded. Any cancellations within 24 hours before date and time of the reservation, the total prepayment will not be refunded.

Liability disclaimer:

By making this booking you agree to the following statements:

- I realize it is solely my responsibility to keep the bodywork practitioner updated on any changes in my physical health and I understand that Baoase Luxury Resort and the therapists shall not be liable should I fail to do so.
- I understand that all massage therapy and treatments offered is strictly non-sexual.
- I waive and release Baoase Luxury Resort and the massage therapists from any and all liability relating to massage therapy and spa treatments.